

## Registration

Space is limited, so please consider registering early. We offer flexible fees based on your assessment of your means. (see over) You may also include a donation to support another's attendance. If the "minimum" cost is not within your means, please contact us.

We encourage you to register online at [schoolofthespirit.org](http://schoolofthespirit.org). To register by mail, complete the registration form (over) and follow the instructions.



Lake Michigan at the Siena Center

The School of the Spirit Ministry is a 501(c)3 nonprofit organization serving the Religious Society of Friends.

**Don't miss any announcements regarding the Contemplative Retreats or our other programs – sign up for our listserv at [schoolofthespirit.org](http://schoolofthespirit.org)**

## About School of the Spirit

Our full name is A Ministry of Prayer and Learning devoted to the School of the Spirit. We are dedicated to helping all who wish to be more faithful listeners and responders to the inward work of Christ.

Within the Religious Society of Friends, the traditional meetings of ministers and elders were sometimes referred to as a "school of the Spirit." In gathered worship Friends learned to discern the movement of the Inward Teacher and test their discernment with one another. This practiced listening extended into every aspect of their lives.

*The School of the Spirit gives body to our language and reminds us why we are distinctive.*

*If you want hope in the Religious Society of Friends, you will find it here.*

*- John Punshon*

Our programs are made possible through the generous support of individuals and grantors. Visit our website for more information and to make a donation. Thank you!

### To contact us:

*Web:* [schoolofthespirit.org](http://schoolofthespirit.org)

*E-mail:* [info@schoolofthespirit.org](mailto:info@schoolofthespirit.org)

*Phone:* (717) 203-1642

*Mail:* c/o 360 Blossom Hill Dr.,  
Lancaster, PA 17601



# CONTEMPLATION AND JOY



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## A Contemplative Retreat in the Manner of Friends

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to be held at the Siena Center,  
Racine, Wisconsin

April 11–14, 2019

Leaders:

April Allison & Roger Hansen

# CONTEMPLATION AND JOY

## A Contemplative Retreat in the Manner of Friends

April 11–14, 2019, at Siena Center, Racine, Wisconsin

More than ever, in these days of fast-paced living, multi-tasking, and continual connectivity, we need times apart – times of “retirement” as early Friends used to say. We need time for communion with God and the refreshment of the soul.

Come and simply be with God. Attend to the divine stirrings of the soul, opening to grace.

During this retreat, participants will experience the distinctly Quaker manner of knowing solitude in community. There will be individual silent time for prayer, reflection, rest, walks, and contemplative interaction with scripture and other spiritual resources. Meals will be taken in silence, and an evening spent in “active silence,” where we will gather comfortably to read, journal, do handwork or

artwork, or engage in some similar quiet activity.

Sinking down into the silence, we may want to give voice occasionally to what is encountered there. Thus, there will also be opportunities for speaking out of the silence in groups, as well as an invitation to meet one-on-one with a retreat leader. In our sharing, our souls touch and we find ourselves gathered in blessed community.

Siena Retreat Center on Lake Michigan at Racine, Wisc., has private bedrooms with private bath facilities. There is elevator access to all floors and the center is accessible to people with moderate physical limitations. For information, visit [racinedominicans.org](http://racinedominicans.org).

Roger and April are now offering their sixth retreat in Wisconsin through the School of the Spirit. Roger (Milwaukee, Northern Yearly Meeting) has also helped to lead retreats in Ohio, New York, and Pennsylvania, and has formed spiritual nurture groups in several monthly meetings. April (Red Cedar, Lake Erie Yearly Meeting) is a SotS board member and a spiritual director.

*There is a quiet, open place in the depths of the mind, to which we can go many times a day and lift up our soul in praise, thankfulness and conscious unity.*  
~ Kenneth Boulding



### REGISTRATION FORM

Name \_\_\_\_\_  
Address \_\_\_\_\_  
\_\_\_\_\_  
Email \_\_\_\_\_  
Phone \_\_\_\_\_  
Meeting/  
Church \_\_\_\_\_

### FLEXIBLE FEES

	Full Cost*	Minimum
Single .....	\$425	\$240

\* This is the cost per person of the event to SotS.

- Is the Full Cost of this event within your means?
- If yes, can you pay a little more to support another?
- If the Full Cost is not within your means, what can you pay?
- Have you considered asking your meeting or church for financial assistance?
- If the Minimum is still too much, please contact us.

Enter the amount of your payment: \$ \_\_\_\_\_  
 check here if paying online

### FOOD OPTIONS (check those that apply)

- I have no special requirements
- Vegetarian (w/eggs and milk products)
- Vegetarian/Vegan (no animal products)
- Gluten-free (no wheat)
- Other (specify): \_\_\_\_\_

Make out check to School of the Spirit Ministry; mail with this form to c/o 360 Blossom Hill Dr., Lancaster, PA 17601. We encourage online registration at [schoolofthespirit.org/retreats/](http://schoolofthespirit.org/retreats/).